

## NORTHWEST AGE GROUP SECTIONALS

MARCH 19-21, 2009

QUALIFYING PERIOD – MARCH 11, 2009 – MARCH 10, 2009

G10U	SCY	SCM	LCM	B10U	SCY	SCM	LCM
50 FR	30.39	33.99	34.69	50 FR	30.79	34.39	35.29
100 FR	1:07.69	1:15.59	1:16.99	100 FR	1:08.49	1:16.49	1:18.79
200 FR	2:28.09	2:45.29	2:48.39	200 FR	2:29.49	2:46.89	2:50.79
500/400 FR	6:07.09	5:21.19	5:27.79	500/400 FR	6:16.09	5:29.09	5:40.29
50 BA	35.79	39.99	40.79	50 BA	36.59	40.89	42.09
100 BA	1:17.29	1:26.29	1:27.39	100 BA	1:19.19	1:28.39	1:31.09
50 BR	40.79	45.59	46.49	50 BR	42.09	46.99	48.39
100 BR	1:28.99	1:39.29	1:42.29	100 BR	1:30.99	1:41.59	1:45.29
50 FL	34.49	38.49	39.29	50 FL	35.29	39.39	40.59
100 FL	1:19.29	1:28.49	1:29.19	100 FL	1:22.89	1:32.59	1:33.69
100 IM	1:17.19	1:26.19	N/A	100 IM	1:18.99	1:27.79	N/A
200 IM	2:45.89	3:05.19	3:08.59	200 IM	2:50.29	3:10.09	3:16.99
200 FR R	2:12.39	2:27.79	2:29.59	200 FR R	2:13.19	2:28.69	2:32.19
200 M.R.	2:30.19	2:47.69	2:50.79	200 M.R.	2:32.39	2:50.09	2:56.29
G11	SCY	SCM	LCM	B11	SCY	SCM	LCM
50 FR	28.89	32.29	32.89	50 FR	29.19	32.59	33.59
100 FR	1:03.29	1:10.69	1:11.99	100 FR	1:04.49	1:11.99	1:14.19
200 FR	2:18.19	2:34.29	2:36.19	200 FR	2:19.49	2:35.69	2:39.39
500/400 FR	6:07.09	5:21.19	5:27.79	500/400 FR	6:16.09	5:29.09	5:40.29
1650/1500 FR	20:20.59	20:16.99	20:41.89	1650/1500 FR	20:18.09	20:14.49	20:55.89
50 BA	33.39	37.29	37.99	50 BA	34.19	38.19	39.39
100 BA	1:11.79	1:20.19	1:21.19	100 BA	1:13.89	1:22.49	1:24.99
200 BA	2:26.79	2:43.89	2:45.89	200 BA	2:28.59	2:45.89	2:50.79
50 BR	37.59	41.99	42.79	50 BR	39.59	44.19	45.59
100 BR	1:22.09	1:31.69	1:34.39	100 BR	1:26.59	1:36.69	1:39.59
200 BR	2:45.89	3:05.19	3:07.49	200 BR	2:53.49	3:13.69	3:20.69
50 FL	31.79	35.59	36.19	50 FL	33.29	37.19	38.29
100 FL	1:13.19	1:21.69	1:22.29	100 FL	1:16.49	1:25.39	1:26.49
200 FL	2:33.69	2:51.59	2:52.79	200 FL	2:36.49	2:54.69	2:57.89
100 IM	1:12.19	1:20.59	N/A	100 IM	1:14.49	1:23.19	N/A
200 IM	2:35.79	2:53.89	2:57.09	200 IM	2:40.69	2:59.29	3:05.89
400 IM	5:14.59	5:51.19	5:55.49	400 IM	5:18.69	5:55.69	6:06.39
200 FR R	1:53.29	2:06.49	2:07.99	200 FR R	1:54.79	2:08.19	2:11.19
400 FR R	4:08.39	4:37.29	4:40.69	400 FR R	4:18.19	4:48.19	4:54.99
200 M.R.	2:06.49	2:21.09	2:23.69	200 M.R.	2:10.49	2:25.69	2:30.99
400 M.R.	4:38.19	5:10.59	5:16.29	400 M.R.	4:43.69	5:16.69	5:26.09

### NORTHWEST AGE GROUP SECTIONALS

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G12	SCY	SCM	LCM	B12	SCY	SCM	LCM
50 FR	27.29	30.49	31.09	50 FR	27.29	30.49	31.09
100 FR	59.49	1:06.49	1:07.69	100 FR	59.69	1:06.69	1:07.89
200 FR	2:10.29	2:25.49	2:27.19	200 FR	2:10.89	2:26.09	2:27.89
500/400 FR	5:47.69	5:04.19	5:10.49	500/400 FR	5:50.79	5:06.89	5:13.19
1650/1500 FR	20:20.59	20:16.99	20:41.89	1650/1500 FR	20:18.09	20:14.49	20:55.89
50 BA	31.79	35.49	36.19	50 BA	31.99	35.79	36.39
100 BA	1:07.59	1:15.49	1:16.39	100 BA	1:08.79	1:16.79	1:17.79
200 BA	2:26.79	2:43.89	2:45.89	200 BA	2:28.59	2:45.89	2:50.79
50 BR	35.49	39.69	40.39	50 BR	36.09	40.29	41.09
100 BR	1:16.79	1:25.79	1:28.29	100 BR	1:19.29	1:28.49	1:31.19
200 BR	2:45.89	3:05.19	3:07.49	200 BR	2:53.49	3:13.69	3:20.69
50 FL	30.19	33.79	34.39	50 FL	30.69	34.29	34.99
100 FL	1:07.99	1:15.89	1:16.49	100 FL	1:09.09	1:17.19	1:17.69
200 FL	2:33.69	2:51.59	2:52.79	200 FL	2:36.49	2:54.69	2:57.89
100 IM	1:08.19	1:16.19	N/A	100 IM	1:09.39	1:17.49	N/A
200 IM	2:26.69	2:43.79	2:46.79	200 IM	2:28.59	2:45.89	2:48.89
400 IM	5:14.59	5:51.19	5:55.49	400 IM	5:18.69	5:55.69	6:06.39
200 FR R	1:53.29	2:06.49	2:07.99	200 FR R	1:54.79	2:08.19	2:11.19
400 FR R	4:08.39	4:37.29	4:40.69	400 FR R	4:18.19	4:48.19	4:54.99
200 M.R.	2:06.59	2:21.19	2:23.79	200 M.R.	2:10.49	2:25.69	2:30.99
400 M.R.	4:38.19	5:10.59	5:16.29	400 M.R.	4:43.69	5:16.69	5:26.09
G13	SCY	SCM	LCM	B13	SCY	SCM	LCM
50 FR	26.59	29.69	30.29	50 FR	25.79	28.79	29.39
100 FR	57.89	1:04.69	1:05.89	100 FR	55.99	1:02.49	1:03.69
200 FR	2:04.99	2:19.49	2:21.29	200 FR	2:02.79	2:17.09	2:19.79
500/400 FR	5:35.19	4:53.09	4:59.09	500/400 FR	5:30.29	4:48.99	4:54.89
1650/1500 FR	19:11.29	19:07.89	19:31.29	1650/1500 FR	19:13.19	19:09.79	19:33.29
100 BA	1:05.89	1:13.59	1:14.49	100 BA	1:04.59	1:11.79	1:12.69
200 BA	2:20.99	2:37.39	2:39.29	200 BA	2:19.09	2:35.29	2:37.19
100 BR	1:14.59	1:23.29	1:25.79	100 BR	1:13.59	1:22.19	1:24.69
200 BR	2:41.19	2:59.99	3:03.29	200 BR	2:39.89	2:58.59	3:01.89
100 FL	1:04.99	1:12.59	1:13.09	100 FL	1:03.59	1:11.09	1:11.59
200 FL	2:26.99	2:44.09	2:45.29	200 FL	2:27.99	2:45.29	2:46.39
200 IM	2:20.59	2:36.99	2:39.89	200 IM	2:18.59	2:34.79	2:37.59
400 IM	4:58.19	5:32.89	5:36.89	400 IM	5:00.79	5:35.79	5:39.79
200 FR R	1:45.89	1:58.49	1:59.89	200 FR R	1:43.09	1:55.19	1:56.59
400 FR R	3:51.89	4:18.89	4:22.09	400 FR R	3:46.59	4:13.89	4:17.79
200 M.R.	1:58.19	2:11.99	2:14.39	200 M.R.	1:55.49	2:08.89	2:11.29
400 M.R.	4:18.79	4:48.89	4:52.49	400 M.R.	4:13.59	4:43.09	4:46.49

**NORTHWEST AGE GROUP SECTIONALS**

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**QUALIFYING PERIOD – MARCH 11, 2009 – MARCH 10, 2009**

<b>G14</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>B14</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
<b>50 FR</b>	26.19	29.29	29.89	<b>50 FR</b>	24.49	27.39	27.89
<b>100 FR</b>	56.49	1:03.09	1:04.29	<b>100 FR</b>	53.19	59.39	1:00.49
<b>200 FR</b>	2:02.79	2:17.09	2:18.79	<b>200 FR</b>	1:56.59	2:09.19	2:11.59
<b>500/400 FR</b>	5:29.19	4:48.09	4:53.89	<b>500/400 FR</b>	5:15.59	4:35.79	4:31.79
<b>1650/1500 FR</b>	18:58.59	18:55.49	19:18.69	<b>1650/1500 FR</b>	18:16.09	18:12.89	18:35.39
<b>100 BA</b>	1:04.69	1:12.20	1:13.09	<b>100 BA</b>	1:01.29	1:08.59	1:09.39
<b>200 BA</b>	2:18.79	2:34.90	2:36.79	<b>200 BA</b>	2:12.39	2:27.79	2:29.59
<b>100 BR</b>	1:13.19	1:21.69	1:24.19	<b>100 BR</b>	1:10.09	1:18.29	1:20.69
<b>200 BR</b>	2:36.89	2:55.10	2:58.39	<b>200 BR</b>	2:34.39	2:52.39	2:55.59
<b>100 FL</b>	1:03.39	1:10.79	1:11.29	<b>100 FL</b>	59.49	1:06.49	1:06.89
<b>200 FL</b>	2:23.69	2:40.49	2:41.69	<b>200 FL</b>	2:16.59	2:32.49	2:33.59
<b>200 IM</b>	2:18.69	2:34.89	2:37.69	<b>200 IM</b>	2:11.79	2:27.19	2:29.89
<b>400 IM</b>	4:54.59	5:28.79	5:32.79	<b>400 IM</b>	4:43.59	5:16.89	5:20.89
<b>200 FR R</b>	1:45.89	1:58.49	1:59.89	<b>200 FR R</b>	1:43.09	1:55.19	1:56.59
<b>400 FR R</b>	3:51.89	4:18.89	4:22.09	<b>400 FR R</b>	3:46.59	4:13.89	4:17.79
<b>200 M.R.</b>	1:58.19	2:11.99	2:14.39	<b>200 M.R.</b>	1:55.49	2:08.89	2:11.29
<b>400 M.R.</b>	4:18.79	4:48.89	4:52.49	<b>400 M.R.</b>	4:13.59	4:43.09	4:46.49
<b>G15-18</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>B15-18</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
<b>50 FR</b>	26.09	29.19	29.69	<b>50 FR</b>	23.59	26.39	26.89
<b>100 FR</b>	56.59	1:03.19	1:04.39	<b>100 FR</b>	51.59	57.59	58.69
<b>200 FR</b>	2:02.69	2:16.99	2:18.59	<b>200 FR</b>	1:53.19	2:06.39	2:07.89
<b>500/400 FR</b>	5:27.59	4:46.69	4:52.49	<b>500/400 FR</b>	5:08.39	4:29.89	4:35.39
<b>1650/1500 FR</b>	18:56.99	18:53.59	19:16.79	<b>1650/1500 FR</b>	18:02.69	17:59.49	18:21.49
<b>100 BA</b>	1:04.29	1:11.79	1:12.69	<b>100 BA</b>	58.99	1:05.89	1:06.69
<b>200 BA</b>	2:19.79	2:36.09	2:37.99	<b>200 BA</b>	2:09.19	2:24.19	2:25.99
<b>100 BR</b>	1:12.79	1:21.29	1:23.69	<b>100 BR</b>	1:06.79	1:14.59	1:16.79
<b>200 BR</b>	2:37.99	2:56.39	2:59.59	<b>200 BR</b>	2:27.19	2:44.29	2:47.29
<b>100 FL</b>	1:03.39	1:10.79	1:11.29	<b>100 FL</b>	57.59	1:04.29	1:04.79
<b>200 FL</b>	2:23.39	2:40.09	2:41.19	<b>200 FL</b>	2:13.49	2:28.99	2:30.09
<b>200 IM</b>	2:19.69	2:35.99	2:38.79	<b>200 IM</b>	2:08.49	2:23.49	2:26.09
<b>400 IM</b>	4:57.69	5:32.29	5:38.39	<b>400 IM</b>	4:39.29	5:11.79	5:15.59
<b>200 FR R</b>	1:50.19	2:02.99	2:04.49	<b>200 FR R</b>	1:40.59	1:52.29	1:53.69
<b>400 FR R</b>	3:58.49	4:26.19	4:29.39	<b>400 FR R</b>	3:36.69	4:01.89	4:04.79
<b>200 M.R.</b>	2:02.89	2:17.19	2:19.69	<b>200 M.R.</b>	1:51.19	2:04.19	2:06.39
<b>400 M.R.</b>	4:27.79	4:58.89	5:02.59	<b>400 M.R.</b>	4:03.49	4:31.79	4:35.09