

## WEST Girls Fast 5 Short Course 2008-2009

### 8 & Under 25 Free

1	18.37Y	MATTHEWS, KATRINA	7
2	19.54Y	Phong, Yenni	8
3	19.71Y	ASMAR, MICHELE	8
4	20.24Y	TEOH, JUSTINE	8
5	20.95Y	LANGUB, ABBEY	7

### 8 & Under 50 Free

1	46.35Y	TEOH, JUSTINE	8
2	47.25Y	ASMAR, MICHELE	8
3	47.91Y	NIMS, ALEXIS	8
4	47.95Y	MATTHEWS, KATRINA	7
5	48.31Y	SEWELL, EMMA	8

### 8 & Under 100 Free

1	1:44.11Y	TEOH, JUSTINE	8
2	1:45.49Y	Phong, Yenni	8
3	1:46.65Y	MATTHEWS, KATRINA	7
4	1:48.89Y	ASMAR, MICHELE	8
5	1:53.71Y	SEWELL, EMMA	8

### 8 & Under 200 Free

1	4:10.38Y	ASMAR, MICHELE	8
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### 8 & Under 25 Back

1	22.55Y	MATTHEWS, KATRINA	7
2	23.18Y	Phong, Yenni	8
3	23.78Y	LANGUB, ABBEY	7
4	24.01Y	ASMAR, MICHELE	8
5	24.11Y	TEOH, JUSTINE	8

### 8 & Under 50 Back

1	46.43Y	MATTHEWS, KATRINA	7
2	52.16Y	NIMS, ALEXIS	8
3	53.99Y	Phong, Yenni	8
4	54.98Y	TEOH, JUSTINE	8
5	55.74Y	MELVILLE, EMILY	8

### 8 & Under 100 Back

1	1:43.10Y	MATTHEWS, KATRINA	7
2	1:52.72Y	Phong, Yenni	8
3	1:53.60Y	TEOH, JUSTINE	8
4	1:58.05Y	ASMAR, MICHELE	8
5	2:00.07Y	BUSSEY, ABBIE	8

## WEST Girls Fast 5 Short Course 2008-2009

### 8 & Under 25 Breast

1	23.26Y	ASMAR, MICHELE	8
2	27.20Y	Phong, Yenni	8
3	29.45Y	TEOH, JUSTINE	8
4	31.01Y	MATTHEWS, KATRINA	7
5	34.25Y	TROUT, LAUREN	8

### 8 & Under 50 Breast

1	52.40Y	ASMAR, MICHELE	8
2	1:05.07Y	TEOH, JUSTINE	8

### 8 & Under 100 Breast

1	1:59.64Y	ASMAR, MICHELE	8
2	2:14.17Y	Phong, Yenni	8

### 8 & Under 25 Fly

1	22.35Y	MATTHEWS, KATRINA	7
2	23.58Y	ASMAR, MICHELE	8
3	24.58Y	TEOH, JUSTINE	8
4	25.14Y	Phong, Yenni	8
5	25.63Y	SEWELL, EMMA	8

### 8 & Under 50 Fly

1	57.82Y	MATTHEWS, KATRINA	7
2	1:04.50Y	ASMAR, MICHELE	8
3	1:04.65Y	Phong, Yenni	8
4	1:26.19Y	MELVILLE, EMILY	8

### 8 & Under 100 IM

1	1:56.23Y	TEOH, JUSTINE	8
2	1:57.97Y	Phong, Yenni	8
3	2:03.81Y	ASMAR, MICHELE	8
4	2:06.96Y	MATTHEWS, KATRINA	7
5	2:28.97Y	PILUKAS, HOLLAND	6

### 8 & Under 200 IM

1	4:17.78Y	Phong, Yenni	8
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## WEST Girls Fast 5 Short Course 2008-2009

### 9-10 50 Free

1	30.26Y	LUCIEN, BRIANNA	10
2	30.92Y	PRESSLER, MADISON	10
3	33.20Y	MATTHEWS, ANNIKA	9
4	33.30Y	LIMBERG, NICOLE	9
5	37.76Y	PAULSEN, MOLLY	10

### 9-10 100 Free

1	1:06.28Y	LUCIEN, BRIANNA	10
2	1:09.23Y	PRESSLER, MADISON	10
3	1:18.10Y	LIMBERG, NICOLE	9
4	1:19.76Y	MATTHEWS, ANNIKA	9
5	1:31.17Y	PAULSEN, MOLLY	10

### 9-10 200 Free

1	2:21.68Y	LUCIEN, BRIANNA	10
2	2:34.17Y	PRESSLER, MADISON	9
3	2:59.29Y	LIMBERG, NICOLE	9
4	3:07.99Y	MATTHEWS, ANNIKA	9
5	3:15.86Y	GIFFORD, JORDAN	10

### 9-10 500 Free

1	6:11.91Y	LUCIEN, BRIANNA	10
2	7:06.33Y	PRESSLER, MADISON	9
3	8:42.29Y	LIMBERG, NICOLE	9

### 9-10 50 Back

1	37.14Y	PRESSLER, MADISON	9
2	37.63Y	LUCIEN, BRIANNA	10
3	40.79Y	LIMBERG, NICOLE	9
4	41.97Y	MATTHEWS, ANNIKA	9
5	46.09Y	PAULSEN, MOLLY	10

### 9-10 100 Back

1	1:17.93Y	LUCIEN, BRIANNA	10
2	1:18.70Y	PRESSLER, MADISON	10
3	1:29.84Y	MATTHEWS, ANNIKA	9
4	1:30.70Y	LIMBERG, NICOLE	9
5	1:46.13Y	PAULSEN, MOLLY	10

## WEST Girls Fast 5 Short Course 2008-2009

### 9-10 50 Breast

1	38.26Y	LUCIEN, BRIANNA	10
2	43.35Y	LIMBERG, NICOLE	9
3	44.80Y	DELZER, SAVANNAH	10
4	47.93Y	PRESSLER, MADISON	9
5	51.45Y	MATTHEWS, ANNIKA	9

### 9-10 100 Breast

1	1:24.93Y	LUCIEN, BRIANNA	10
2	1:33.86Y	LIMBERG, NICOLE	9
3	1:38.31Y	PRESSLER, MADISON	10
4	x1:51.11Y	GIFFORD, JORDAN	10
5	1:59.18Y	ASMAR, MICHELE	9

### 9-10 50 Fly

1	33.54Y	LUCIEN, BRIANNA	10
2	36.42Y	PRESSLER, MADISON	10
3	41.68Y	LIMBERG, NICOLE	9
4	43.79Y	PAULSEN, MOLLY	10
5	44.86Y	DELZER, SAVANNAH	10

### 9-10 100 Fly

1	1:20.22Y	LUCIEN, BRIANNA	10
2	1:24.75Y	PRESSLER, MADISON	10
3	1:40.33Y	LIMBERG, NICOLE	9
4	1:47.23Y	MATTHEWS, ANNIKA	9

### 9-10 100 IM

1	1:16.86Y	LUCIEN, BRIANNA	10
2	1:21.24Y	PRESSLER, MADISON	9
3	1:26.90Y	LIMBERG, NICOLE	9
4	1:33.29Y	MATTHEWS, ANNIKA	9
5	1:37.32Y	DELZER, SAVANNAH	10

### 9-10 200 IM

1	2:42.49Y	LUCIEN, BRIANNA	10
2	2:56.47Y	PRESSLER, MADISON	9
3	3:13.60Y	LIMBERG, NICOLE	9
4	3:18.96Y	MATTHEWS, ANNIKA	9
5	3:41.05Y	GIFFORD, JORDAN	10

## WEST Girls Fast 5 Short Course 2008-2009

### 11-12 50 Free

1	25.36Y	VANDERWEL, HEIDI	12
2	26.17Y L	YAP, LAVINYA	12
3	26.52Y	KEANE, ANNA	12
4	28.47Y	CARLSON, ASHLEY	12
5	29.31Y	LUCIEN, BRIANNA	11

### 11-12 100 Free

1	56.26Y	VANDERWEL, HEIDI	12
2	57.35Y	KEANE, ANNA	12
3	57.71Y L	YAP, LAVINYA	12
4	1:01.01Y	CANNON, CLARA	12
5	1:01.57Y	CARLSON, ASHLEY	12

### 11-12 200 Free

1	1:59.45Y	VANDERWEL, HEIDI	12
2	2:06.82Y	KEANE, ANNA	12
3	2:06.93Y	YAP, LAVINYA	11
4	2:10.34Y	CANNON, CLARA	12
5	2:11.61Y	CARLSON, ASHLEY	12

### 11-12 500 Free

1	5:25.39Y	VANDERWEL, HEIDI	12
2	5:36.84Y	YAP, LAVINYA	12
3	5:41.09Y	CANNON, CLARA	12
4	5:54.07Y	CARLSON, ASHLEY	12
5	5:54.29Y	COOLEY, LAUREN	11

### 11-12 1650 Free

1	19:16.78Y	YAP, LAVINYA	12
2	19:21.60Y	CANNON, CLARA	12
3	20:37.81Y	CARLSON, ASHLEY	12
4	20:46.73Y	LAURENT, DEMETRA	11
5	20:55.91Y	KEANE, ANNA	12

### 11-12 50 Back

1	29.29Y L	VANDERWEL, HEIDI	12
2	30.61Y	KEANE, ANNA	12
3	31.07Y	YAP, LAVINYA	12
4	34.54Y L	COOLEY, LAUREN	11
5	34.55Y	COOK, FRANCESCA	12

## WEST Girls Fast 5 Short Course 2008-2009

### 11-12 100 Back

1	59.37Y	VANDERWEL, HEIDI	12
2	1:02.99Y	KEANE, ANNA	12
3	1:05.20Y	YAP, LAVINYA	12
4	1:10.11Y L	COOLEY, LAUREN	11
5	1:11.07Y	CANNON, CLARA	12

### 11-12 200 Back

1	2:09.01Y	VANDERWEL, HEIDI	12
2	2:19.40Y	KEANE, ANNA	12
3	2:19.67Y	YAP, LAVINYA	12
4	2:27.39Y	COOLEY, LAUREN	11
5	2:30.42Y	CANNON, CLARA	12

### 11-12 50 Breast

1	35.36Y	KEANE, ANNA	12
2	37.04Y	VANDERWEL, HEIDI	12
3	37.14Y	CARLSON, ASHLEY	12
4	37.44Y	LUCIEN, BRIANNA	11
5	37.85Y	YAP, LAVINYA	11

### 11-12 100 Breast

1	1:17.39Y	KEANE, ANNA	12
2	1:19.29Y	CARLSON, ASHLEY	12
3	1:20.51Y	YAP, LAVINYA	12
4	1:22.86Y	VANDERWEL, HEIDI	12
5	1:23.83Y	COOLEY, LAUREN	11

### 11-12 200 Breast

1	2:43.33Y	KEANE, ANNA	12
2	2:45.82Y	CARLSON, ASHLEY	12
3	2:50.33Y	YAP, LAVINYA	11
4	2:56.42Y	COOLEY, LAUREN	11
5	2:59.47Y	LUCIEN, BRIANNA	11

### 11-12 50 Fly

1	28.51Y	VANDERWEL, HEIDI	12
2	30.36Y	YAP, LAVINYA	11
3	30.96Y	KEANE, ANNA	12
4	32.47Y	COOK, FRANCESCA	11
5	32.86Y	WHITE, ALYSSA	12

## WEST Girls Fast 5 Short Course 2008-2009

### 11-12 100 Fly

1	1:04.15Y	YAP, LAVINYA	12
2	1:06.08Y	VANDERWEL, HEIDI	12
3	1:10.33Y	KEANE, ANNA	12
4	1:11.74Y	CANNON, CLARA	12
5	1:12.43Y	LUCIEN, BRIANNA	11

### 11-12 200 Fly

1	2:19.92Y	YAP, LAVINYA	12
2	2:25.49Y	VANDERWEL, HEIDI	12
3	2:40.36Y	CANNON, CLARA	12
4	2:41.44Y	WHITE, ALYSSA	12
5	2:44.86Y	KEANE, ANNA	12

### 11-12 100 IM

1	1:06.05Y	VANDERWEL, HEIDI	12
2	1:07.88Y	YAP, LAVINYA	12
3	1:09.09Y	KEANE, ANNA	12
4	1:14.05Y	COOLEY, LAUREN	11
5	1:15.50Y	CARLSON, ASHLEY	12

### 11-12 200 IM

1	2:14.00Y	VANDERWEL, HEIDI	12
2	2:23.97Y	YAP, LAVINYA	11
3	2:27.36Y	KEANE, ANNA	12
4	2:29.00Y	CARLSON, ASHLEY	12
5	2:33.39Y	CANNON, CLARA	12

### 11-12 400 IM

1	4:56.96Y	VANDERWEL, HEIDI	12
2	4:58.98Y	YAP, LAVINYA	12
3	5:07.87Y	KEANE, ANNA	12
4	5:11.60Y	CANNON, CLARA	12
5	5:12.78Y	CARLSON, ASHLEY	12

## WEST Girls Fast 5 Short Course 2008-2009

### 13-14 50 Free

1	24.97Y	VANDERWEL, HEIDI	13
2	25.49Y L	KEANE, ANNA	13
3	26.62Y	LAURENT, KALENA	14
4	26.67Y	TAYLOR, KAITLIN	13
5	27.10Y	CHRISTENSON, KATLYN	14

### 13-14 100 Free

1	53.59Y	VANDERWEL, HEIDI	13
2	55.83Y	KEANE, ANNA	13
3	56.33Y	LAURENT, KALENA	14
4	56.96Y L	CHRISTENSON, KATLYN	14
5	57.44Y	TAYLOR, KAITLIN	13

### 13-14 200 Free

1	1:58.82Y L	LAURENT, KALENA	14
2	2:01.41Y	VANDERWEL, HEIDI	13
3	2:02.40Y	KEANE, ANNA	13
4	2:04.10Y	TAYLOR, KAITLIN	13
5	2:04.72Y	CHRISTENSON, KATLYN	14

### 13-14 500 Free

1	5:17.13Y	CHRISTENSON, KATLYN	14
2	5:18.26Y	LAURENT, KALENA	14
3	5:41.72Y	CARLSON, NICHOLE	13
4	5:42.10Y	KEANE, ANNA	13
5	5:51.81Y	TAYLOR, KAITLIN	13

### 13-14 1000 Free

1	11:02.97Y	LAURENT, KALENA	14
2	11:16.91Y	CHRISTENSON, KATLYN	14
3	11:41.62Y	TAYLOR, KAITLIN	13
4	11:59.45Y	CARLSON, NICHOLE	13
5	12:10.02Y	KEANE, ANNA	13

### 13-14 1650 Free

1	18:20.29Y	LAURENT, KALENA	14
2	20:02.22Y	CARLSON, NICHOLE	13
3	22:14.44Y	DELONG, JACQUELINE	13
4	22:47.09Y	REEVES-BACIGALUPI, MEGHA	13
5	22:52.84Y	BICKHAUS, BRITTANY	13

## WEST Girls Fast 5 Short Course 2008-2009

### 13-14 50 Back

1	28.11Y L	VANDERWEL, HEIDI	13
2	29.00Y L	KEANE, ANNA	13
3	36.19Y	REEVES-BACIGALUPI, MEGHA	13
4	36.33Y L	DELONG, JACQUELINE	13

### 13-14 100 Back

1	57.55Y	VANDERWEL, HEIDI	13
2	1:00.92Y	KEANE, ANNA	13
3	x1:04.10Y	CHRISTENSON, KATLYN	14
4	1:04.86Y	WILLIAMSON, MARIAH	14
5	1:05.58Y	TAYLOR, KAITLIN	13

### 13-14 200 Back

1	2:04.89Y	VANDERWEL, HEIDI	13
2	2:15.22Y	KEANE, ANNA	13
3	2:17.27Y	CHRISTENSON, KATLYN	14
4	2:26.00Y	LAURENT, KALENA	14
5	2:27.95Y	CHHENG, COURTNEY	13

### 13-14 50 Breast

1	42.46Y	REEVES-BACIGALUPI, MEGHA	13
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### 13-14 100 Breast

1	1:09.35Y	CHRISTENSON, KATLYN	14
2	1:13.30Y	KEANE, ANNA	13
3	1:15.88Y	CARLSON, NICHOLE	13
4	1:16.70Y	LAURENT, KALENA	14
5	1:19.78Y	WILLIAMSON, MARIAH	14

### 13-14 200 Breast

1	2:32.76Y	CHRISTENSON, KATLYN	14
2	2:38.47Y	KEANE, ANNA	13
3	2:44.21Y	CARLSON, NICHOLE	14
4	2:49.44Y	LAURENT, KALENA	14
5	2:50.50Y	CHHENG, COURTNEY	13

### 13-14 50 Fly

1	35.97Y	REEVES-BACIGALUPI, MEGHA	13
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### 13-14 100 Fly

1	59.14Y	LAURENT, KALENA	14
2	1:00.27Y	TAYLOR, KAITLIN	14
3	1:02.90Y	WILLIAMSON, MARIAH	14
4	1:03.53Y	VANDERWEL, HEIDI	13
5	1:05.76Y	CHRISTENSON, KATLYN	14

## WEST Girls Fast 5 Short Course 2008-2009

### 13-14 200 Fly

1	2:08.41Y	LAURENT, KALENA	14
2	2:19.85Y	TAYLOR, KAITLIN	13
3	2:29.78Y	VANDERWEL, HEIDI	13
4	2:34.89Y	CHHENG, COURTNEY	13
5	2:52.87Y	DELONG, JACQUELINE	14

### 13-14 100 IM

1	1:34.25Y	MEPHAM, HALEY	14
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### 13-14 200 IM

1	2:11.43Y	VANDERWEL, HEIDI	13
2	2:15.43Y	CHRISTENSON, KATLYN	14
3	2:16.21Y	LAURENT, KALENA	14
4	2:18.26Y	KEANE, ANNA	13
5	2:21.49Y	TAYLOR, KAITLIN	13

### 13-14 400 IM

1	4:48.91Y	LAURENT, KALENA	14
2	4:48.93Y	CHRISTENSON, KATLYN	14
3	5:02.16Y	KEANE, ANNA	13
4	5:14.05Y	TAYLOR, KAITLIN	13
5	5:16.21Y	CHHENG, COURTNEY	13

## WEST Girls Fast 5 Short Course 2008-2009

### 15 & over 50 Free

1	24.29Y	MOORES, LOUISE	16
2	25.23Y	MICHAELS, DANA	15
3	25.96Y	POMAR-ENDERS, MARINA	17
4	26.58Y	ACKERMAN, KINA	17
5	26.75Y	HOLSTEIN, DANIELLE	16

### 15 & over 100 Free

1	54.03Y	MICHAELS, DANA	15
2	54.19Y	MOORES, LOUISE	16
3	54.84Y	POMAR-ENDERS, MARINA	17
4	57.23Y	HOLSTEIN, DANIELLE	17
5	58.17Y	ACKERMAN, KINA	17

### 15 & over 200 Free

1	1:54.31Y	MICHAELS, DANA	15
2	1:58.24Y	POMAR-ENDERS, MARINA	18
3	1:59.16Y	HOLSTEIN, DANIELLE	17
4	1:59.43Y	WILLIAMSON, MARIAH	15
5	2:02.72Y	ACKERMAN, KINA	17

### 15 & over 500 Free

1	4:58.17Y	MICHAELS, DANA	15
2	5:12.02Y	HOLSTEIN, DANIELLE	17
3	5:12.39Y	WILLIAMSON, MARIAH	15
4	5:14.92Y	POMAR-ENDERS, MARINA	18
5	5:21.19Y	OLSEN, KATHARINE	17

### 15 & over 1000 Free

1	10:12.33Y	MICHAELS, DANA	15
2	10:44.95Y	WILLIAMSON, MARIAH	15
3	10:48.53Y	HOLSTEIN, DANIELLE	17
4	11:11.86Y	BENSEN, KARLA	17
5	11:11.99Y	ACKERMAN, KINA	17

### 15 & over 1650 Free

1	17:17.28Y	MICHAELS, DANA	15
2	17:58.06Y	HOLSTEIN, DANIELLE	17
3	18:02.89Y	WILLIAMSON, MARIAH	15
4	18:12.49Y	CHRISTENSON, KATLYN	15
5	18:24.95Y	POMAR-ENDERS, MARINA	18

## WEST Girls Fast 5 Short Course 2008-2009

### 15 & over 50 Back

1	28.86Y L	MOORES, LOUISE	15
2	30.87Y L	WILLIAMSON, MARIAH	15
3	31.16Y L	ACKERMAN, KINA	17
4	32.87Y L	BENSEN, KARLA	17

### 15 & over 100 Back

1	1:00.95Y	MOORES, LOUISE	16
2	1:05.07Y	OLSEN, KATHARINE	17
3	1:05.11Y	WILLIAMSON, MARIAH	15
4	1:05.18Y	POMAR-ENDERS, MARINA	17
5	1:05.87Y	MICHAELS, DANA	15

### 15 & over 200 Back

1	2:13.79Y	WILLIAMSON, MARIAH	15
2	2:15.96Y	MOORES, LOUISE	16
3	2:17.51Y	OLSEN, KATHARINE	17
4	2:18.61Y	MICHAELS, DANA	15
5	2:21.19Y	ACKERMAN, KINA	16

### 15 & over 100 Breast

1	1:10.45Y	POMAR-ENDERS, MARINA	17
2	1:10.48Y	CHRISTENSON, KATLYN	15
3	1:13.80Y	OLSEN, KATHARINE	17
4	1:14.47Y	ACKERMAN, KINA	17
5	1:16.92Y	MAIN, KAITLYN	17

### 15 & over 200 Breast

1	2:30.46Y	CHRISTENSON, KATLYN	15
2	2:34.13Y	POMAR-ENDERS, MARINA	17
3	2:35.72Y	OLSEN, KATHARINE	17
4	2:39.50Y	HOLSTEIN, DANIELLE	17
5	2:42.13Y	MAIN, KAITLYN	17

### 15 & over 100 Fly

1	59.58Y	MICHAELS, DANA	15
2	1:00.14Y	MOORES, LOUISE	16
3	1:02.61Y	DEAN, ELLEN	16
4	1:02.95Y	WILLIAMSON, MARIAH	15
5	1:04.23Y	MAIN, KAITLYN	17

## WEST Girls Fast 5 Short Course 2008-2009

### 15 & over 200 Fly

1	2:04.24Y	MICHAELS, DANA	15
2	2:13.37Y	DEAN, ELLEN	16
3	2:15.44Y	WILLIAMSON, MARIAH	15
4	2:16.29Y	MAIN, KAITLYN	17
5	2:21.19Y	ACKERMAN, KINA	17

### 15 & over 200 IM

1	2:13.53Y	MICHAELS, DANA	15
2	2:14.94Y	OLSEN, KATHARINE	17
3	2:16.91Y	CHRISTENSON, KATLYN	15
4	2:17.06Y	WILLIAMSON, MARIAH	15
5	2:17.89Y	POMAR-ENDERS, MARINA	17

### 15 & over 400 IM

1	4:39.01Y	WILLIAMSON, MARIAH	15
2	4:43.96Y	OLSEN, KATHARINE	17
3	4:44.18Y	MICHAELS, DANA	15
4	4:50.00Y	ACKERMAN, KINA	17
5	4:52.19Y	HOLSTEIN, DANIELLE	17