

Megan Jendrick



Swim Camp

Hosted by West Coast Aquatics
July 11th, 2010
15622 Country Club Drive, Mill
Creek, WA 98012
10am-1pm (check-in begins at 9:30)



General Information

Eligibility: Swimmers must be between ages 6 and 18 and a registered member of USA Swimming.

Registration: is accepted in the order received. Payment must accompany each registration form and be received by July 1, 2010.

Bring: Towel, suit, cap, and goggles.

Cost: \$75 Includes a 3 hour swim camp covering all four strokes, by double Olympic Gold medalist and two-time Olympian Megan Jendrick. Clinic includes presentations, question and answer sessions and autograph signings along with in-depth stroke technique work.

Extras: Each swimmer will receive a goodie bag including a t-shirt, small swim bag, dvds, and a goal setting booklet.

Additional merchandise will be available for purchase at the Event!

*Parents are welcome to watch and ask questions.

For more information, or for questions call 425-378-8806 email: robin@westcoastaquatics.us

Registration form for Megan Jendrick Swim Camp hosted by WEST – July 11th, 2010.

Swimmer Name _____ Age _____

Address _____

City _____ Zip _____ Phone _____

Parent/Guardian _____ Phone _____

Swim Club _____ E-mail _____

Register for camp as follows:

\$75 Megan Jendrick Swim Camp

\$ _____ Total enclosed

Please send registration and payment (checks or money orders **made payable to WEST**) to:

15622 Country Club Drive, Mill Creek, WA 98012



Megan Jendrick

Career

In 2000, after being the youngest medalist on the US Olympic swim team with gold in the 100-meter breaststroke and 400 medley relay, Megan was featured on the cover of Sports Illustrated magazine, becoming one of few women to hold that honor.

Jendrick was the star of the 2005 World University Games in İzmir, Turkey, winning three gold medals and setting two Universiade records. At those Games, she was the only American woman to capture individual gold in two events.

Jendrick was only the second woman to ever swim the 100-yard breaststroke under 1:00 and was also the second woman in history (there have only been five now, including herself) to swim 100-yards breaststroke in under 59 seconds.

In 2007, Jendrick won the silver medal in the 200-meter breaststroke at the 12th FINA World Championships.

On July 1, 2008, Jendrick qualified for the 2008 U.S. Olympic team in the 100 meter breaststroke, eight years after winning gold in the event at the 2000 Olympics in Sydney, Australia. Pending the disqualification of Jessica Hardy, who was dropped from the team after testing positive for a banned substance, Jendrick is officially the winner of the event. Jendrick thus made her second Summer Olympic team after she missed qualifying in that event by a mere 11 one-hundredths of a second in 2004. In Beijing, Jendrick silenced many critics by making the final of the 100-meter breaststroke—ultimately finishing in fifth place—and capturing a silver medal as part of the 4x100 meter medley relay.

In Beijing, Jendrick became only the third person to win Olympic swimming medals under two different names and just the second American. The first was Eleanor Garatti (later Saville) in 1928 and 1932, the second was Libby Lenton (later Trickett) in 2004 and 2008. Jendrick did so in 2000 as Megan Quann, and in 2008 as Megan Jendrick.

On July 25, 2009, Jendrick set the 27th American Record of her career. Taking out a 200-meter breaststroke final, she raced her first 50 in 30.40 seconds, beating the 30.63 record that had been held by Jessica Hardy since 2007.

Personal

Jendrick graduated from Emerald Ridge High School in Puyallup, Washington. In December 2004, Jendrick married author Nathan Jendrick.

Jendrick is still often listed as Quann or Quann-Jendrick but she has said that her legal and professional name is Megan Jendrick and that the hyphenated version is not correct.

Jendrick is the 2006 recipient of the Henry P. Iba Citizen Athlete Award, and was nominated that same year for a Golden Goggle Award, the highest honor outside of swimming an American aquatic athlete may receive. To date, she is a two-time nominee. From the Iba, Jendrick donated \$10,000 to Children's Hospital in Seattle.

In late 2008, Jendrick began writing a weekly fitness question and answer column on the Advanced Research Press publication website, www.FitnessRxMag.com